**MY ACTION PLAN**

Name \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Today’s Date \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Review Date \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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| **MY GOAL** |  |

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| --- | --- |
| **WHY IT IS IMPORTANT TO ME** |  |

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| **STEPS I’M TAKING TO REACH MY GOAL** | | | |
| ***What will I do?*** | ***When will I do it?*** | ***Things I need to take with me*** | ***Where I’ll go + how I’ll get there*** |
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| **POTHOLES & DETOURS** | |
| ***What might get in the way?*** | ***How will I respond?*** |
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